

InfoPack

Youth Exchange, 10 – 20 June 2022

Groși, Timiș County, Romania

2021-1-R001-KA152-YOU-000011721

Rural Makers









PLEASE READ ALL INFORMATION CAREFULLY BEFORE APPLYING FOR THIS YOUTH EXCHANGE!

PROJECT DESCRIPTION:

The project "Rural Makers" will give the opportunity for 3 NGOs with a total of 24 participants and 6 group leaders, to meet directly, during 11 days, to discuss and put in practice the importance of civic spirit and active citizenship through art.

- the Mural Art, which will help them express their civic spirit in a creative way.
- Forum Theater, which will offer the participants a safe environment to express possible scenarios from our society where youth nowadays can be active in their community and how to motivate the rest of the community to take part in their actions;
- Creating an online platform, dedicated to identifying and promoting rural changemakers from Romania, Hungary, and Spain, who can inspire young people who want to move in rural areas;
- Flash mob, which will raise awareness in the local community regarding civic spirit and its importance in becoming an active citizen.

The objectives of our project:

- 1) to increase and motivate our 24 participants + 6 group leaders coming from 3 different countries to express their civic spirit in a creative way by using mural art, flash mob and forum theater as working methods:
- 2) to create a safe environment for all our 24 participants + 6 group leaders from 3 different countries so that they can "spread their wings" and take initiative in becoming active citizens;
- 3) to further motivate our 24 participants + 6 group leaders in becoming active volunteers within their country;
- 4) to increase self esteem and self confidence among all our 24 participants + 6 group leaders through proper feedback and debriefing during and after each workshop sessions;
- 5) to raise awareness in our local communities regarding the importance of civic spirit and the way it improves our society and our lifestyle;
- 6) to promote the values of non-formal education and the benefits of the Erasmus + program in all 3 countries participating in the exchange with the help of the final video and the flash mob of our project which will be used in the dissemination process.

PARTICIPANTS

From each partner there will be 2 group leaders (youth workers experienced in non-formal education, aged 18+) and 8 participants (18-26 years old). It's preferable that the participants are coming from disadvantaged areas.







PARTICIPATING ORGANISATIONS

Romania: Asociația Prin Banat
Hungary: Tudatos Tervezésért

• Spain: 2Europia

ACCOMMODATION

For this YE, the participants will be accommodated in Căsuțele de la Groși Camp, Groși village near Margina commune, in 3-4 bed rooms, mixed international, but not gender. The camp has multiple shared toilets with showers.

The camp has internet, video projector, conference gazebo, its own dining area and a large green yard to enjoy the free time surrounded by forest. The yard has table tennis, a football and handball field. It is a very pleasant rustic place. You should bring your own hygienic products, flip flops, house shoes, including towels. Bed sheets are provided by the camp.









FINANCIAL CONDITIONS

- Accommodation, food and materials during activity days are fully covered by the project.
- Travel costs for the meeting will be reimbursed when invoices, e-tickets, boarding passes and other tickets are delivered to the host NGO (Prin Banat Association) according to Erasmus + rules.
 We have a specific reimbursement form.



• Please have in mind that from the total amount of grant/participant we will cover the transfers from Timisoara, Belgrade or Budapest to the accommodation. Please discuss with the organizers and the sending organization before buying the tickets.

Travel Budget:

Hungary	210 EUR
Spain	360 EUR
Romania	23 EUR





In the table above, you can find the total amount of travel budget that you can spend, according to the country that you live in. Everything above the budget will be supported by the participant.

How to get there?

Traveling by car would involve you crossing Romania, where ROVIGNETA is needed. For 1 week, the price is around 15 lei (3 EUR). You can buy it in the first Gas Shop you encounter!

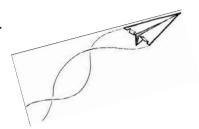
Be aware we will need the gas bills in original and other travel documents (fees on the roads etc.) and we can only reimburse 7.5 liter/100km, as regulated in Romania.

If you travel by plane

...The nearest airport is **Timisoara**, from where we will pick you up and bring you to the venue (around 100 Km);

...Another option is **Belgrade** – we can also arrange pickups but it will be a specific hour for picking up all groups, depending on the arrival of last group. This will ensure a cheaper transfer which will be taken directly form the reimbursement budget, you will not have to pay it yourself.

... We can assist you in coming even from **Budapest** by contracting the transfer companies from Timisoara, which will pick you up from the airport or train station. You can also take a train from there to Timisoara, is a bit cheaper and the train mens green travel. From Timisoara we will arrange pick-ups.



If you travel by train

If you travel by train the final stop should be **Timisoara Nord**, from where we will pick you up! Timisoara has direct trains from most of the European cities. (Link to check out the connections: https://www.bahn.de/p/view/index.shtml)



Regardless on the way you choose to travel, first inform your sending NGO which will inform us about your plans and wait for confirmation!

Other information...

The currency - In Romania the currency is **RON**, we do not use Euro. The exchange rate can change but usually is like this 1 **Euro** = **4.94 Lei**. We will assist you in exchanging the Euro. Life in Romania is usually cheaper than other European Countries. There is no supermarket in the village but small family shops. When in Timişoara, you will be able to go to Carrefour, Kaufland, Lidl Supermarkets and souvenir shops, if you desire.

Health insurance - all partners have the responsibility in assisting the participants for obtaining the EHIC (European Health Insurance Card) which is free, or the participants will take care of this aspect by themselves. In Romania the Emergency services in Hospitals are free but let's hope it doesn't come to this.

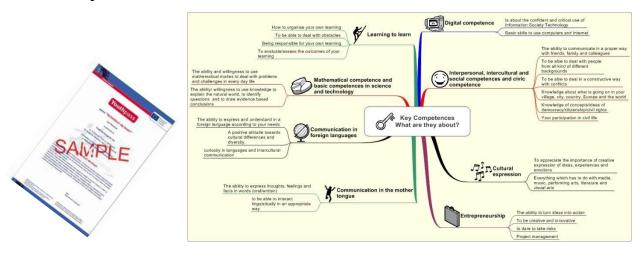




Clothing and weather - as the weather can change from one day to another, we suggest you to have comfortable clothes and shoes for both situations, and be prepared in case of rain (which is most likely). In general, the weather in June is warm but who knows nowadays..! We suggest you bring along mosquito protection and sun lotion to ensure your comfort while staying in Romania.

! If you have an allergy to dust, pollen and other plants, please take the appropriate medicine with you!

About Youthpass certificate...



All participants in the youth exchange have the option of receiving a Youthpass certificate which proves their participation in the exchange. Youthpass is a tool to document and recognize learning outcomes from youth work activities. It is available for projects funded by Erasmus+: Youth in Action (2014-2020). It is a part of the European Commission's strategy to foster the recognition of non-formal learning, putting policy into practice and practice into policy:

- While creating their Youthpass certificate together with a support person, project participants are given the possibility to describe what they have done in their project and which competences they have acquired. Thus, Youthpass supports the reflection upon the personal non-formal learning process and outcomes.
- As a Europe-wide recognition instrument for non-formal learning in the youth field, Youthpass strengthens the social recognition of youth work.
- Youthpass supports active European citizenship of young people and of youth workers by describing the added value of their project.
- Youthpass also aims at supporting the employability of young people and of youth workers by raising their awareness of and helping to describe their competences, and by documenting their acquisition of key competences on a certificate.

Your sending NGO should provide all relevant information about the Youthpass certificate and you can also check it yourself on the official website https://www.youthpass.eu/en/,

What is expected from you?

1. To understand the topic of the project, to participate in all the sessions, to be active and to respect the others, to be on time and respect the conduct rules, rules of the camp and adopt a non-discriminatory behavior! The rules of the Căsuțele din Groși and rules of conduct will be discussed once more when arriving in the project (you can also see some of the rules in the Participant's contract)

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- 2. Due to the sensitive topic of our youth exchange nowadays, if you will show any discriminatory behavior you can and will be sent home on your own expenses! These rules applies for all participants, refugees, migrants or locals.
- 3. While in Romania you need to respect the legislation regarding your behavior and legal actions, which will be more explained during preparation and also when coming in the project itself.
- 4. Work with your group to prepare the activities you have to coordinate in the program (see last page)

Contact

If you still have any questions, we are more than happy to provide you with the information you need so please contact us via e-mail **theodor.muntean@prinbanat.ro**

Contact person for this project is Theodor Muntean.

How to participate in this project? Contact the sending NGO in your country, fill in the application form (they will provide you with the document), sign the participants contract and start the preparation phase, together with the selected group leader for your country.



