

EMPOWERMENT

Training Course - Castellammare di Stabia (Italy)
12 - 20 September 2022



Empowerment project aims to provide youth workers, leaders and representatives of youth organizations with the necessary skills and knowledge in relation to female entrepreneurship. The main objectives of the project are: 1) distinguish and reach conclusions on the difference between entrepreneurship and gender; 2) analyze the different

treatment received by women and men in the workplace; 3) observe and learn about different work plans that will lead to improving the knowledge, skills and attitudes of the participants; 4) learn about the new EU programs in relation to supporting the entrepreneurship of young people and women.

1

NEW SKILLS

Help participants to improve their soft skills and provide them with new. Through activities, learning to learn and other methods and workshops, participants will have the opportunity to develop new skills

2

ENTREPRENEURSHIP

Encourage the active participation, sense of initiative and entrepreneurship among young people and enable them to unlock their potential through entrepreneurship

3

MULTICULTURALISM

Promote tolerance, mutual understanding and dialogue between young people of different nationalities and dialogue between young people of different nationalities.

ABOUT OUR ORGANIZATION

Active Youth for Europe is a non-profit organization working in the territory of Naples. The main aim is to encourage personal and professional development of young people through non formal education and also the building up and development of active citizenship among them. The organization is an alternative for young people in the region to realize their potential and become an active part of the society. "Active Youth for Europe" was founded by people seeking the positive change for young people in Italy and in Europe on 2016. In the last 6 year, AYFE has implemented many youth exchanges, training course, ESC projects (in Italy and abroad)..



ACTIVE YOUTH FOR EUROPE'S TEAM

Active Youth for Europe's team is experienced and highly qualified in youth work. The president of the organization - Ferdinando Di Ruocco - took part in more than 30 projects, he has good experience in planning, implementing and evaluating projects under Erasmus+ & ESC program. He has been coordinator for more than 10 projects. Petya and Georgi from Bulgaria have a more than ten years experience in mobility projects, as trainers and organizations.



VENUE



“Empowerment” will be implemented in the city of Castellammare di Stabia (Naples) from 12th to 20th September 2022.

Participants will stay at “Hotel Palma” in Viale Europa, 244, 80053 Castellammare di Stabia NA. Participants will be accommodated in double or triple rooms with participants from different countries but the same gender. Wi-fi internet connection will be available at hotel areas. Accommodation and food for the participants for the whole duration of the project will be provided by the hosting organization. We strongly recommend each participant to inform the ORGANIZERS about any allergies or any health issues - when filling the application form.





DATES

12th September – 20th September 2022

(12th September is arrival day - Please, try to arrive between 12 a.m. at noon and 4 p.m. latest - 20th September - departure day)

PARTICIPANT'S PROFILE



- ▶ From 18 to 30 years old;
- ▶ Youth workers with experience in the project's topic;
- ▶ Youth workers active in their organizations;
- ▶ young people motivated to acquire new knowledge and skills;
- ▶ Young people motivated to learn more about entrepreneurship.

| COUNTRY | NUMBER PARTICIPANTS |
|----------|---------------------|
| ITALY | 3 |
| BULGARIA | 3 |
| ROMANIA | 3 |
| SPAIN | 3 |
| LATVIA | 3 |
| GREECE | 3 |
| POLAND | 3 |
| SWEDEN | 3 |

The participants should NOT TO BE on their EUROPEAN SOLIDARITY CORPS ACTIVITIES (ESC) at the moment of the activity.

FOOD



Food will be served at the restaurant of the hotel for breakfast, lunch and dinner. We will serve 2 coffee breaks (1 during the morning session and 1 during the afternoon session).

Please, if you didn't write your special needs concerning food (vegetarian, vegan, gluten free, no pork or any allergies) send us an email to advise us.

N.B. For lunch and dinner restaurants will have as first dish pasta (as Italian custom) and a second dish could be meat, fish, salad, etc.



TRAVEL

DON'T BUY YOUR TICKETS BEFORE YOU HAVE BEEN SELECTED AND YOU'VE RECEIVED CONFIRMATION BY OUR ORGANIZATION!!!

Once you arrive in Naples:

- **From Napoli Central Station (Napoli Garibaldi)** take the train "CIRCUMVESUVIANA" direction to Sorrento: your stop will be "**Via Nocera**". From there is 2 minutes walking to the hotel. At the following link you can find train schedules: <https://www.eavsrl.it/web/sites/default/files/eavferro/NAPOLI%20SORRENTO%20L1.pdf>
- **From Naples Airport "Capodichino"** we suggest you take the bus from the airport to "Napoli Central Station (Napoli Garibaldi)". Here you can find the bus schedules: http://www.anm.it/index.php?option=com_content&task=view&id=2578&Itemid=260 From there you should take the train "Circumvesuviana" direction to Sorrento: your stop will be "Via Nocera".

HEALTH INSURANCE & COVID



Health insurance is not provided and will not be reimbursed by the organizers. All participants are strongly advised to purchase private travel insurance or/and to have a valid **EUROPEAN INSURANCE CARD**.

We strongly remind you that:

- if you test positive for Covid before traveling to Italy and you will not be able to travel, we will not be able to refund your travel to and from Italy;
- if you test positive during your stay in Italy, at the end of the project we will not be able to provide accommodation and food for the quarantine if you have to do it;
- if you wish to carry out a PCR or antigen before, during or after your trip to Italy, remember that it will not be reimbursed by the program;

- if you wish (and we recommend it) you can take out any insurance that covers any costs due to Covid, but even this will not be reimbursed by the program;
- Before to travel to Italy, it's mandatory fill the PLF (Passenger location form) <https://app.euplf.eu/#/form>

IMPORTANT: Due to covid restrictions, the Hotel will only accept guests with double dose vaccine less than 6 months or third dose (BOOSTER).



REIMBURSEMENT

Participant's travel costs from their home city to Castellammare di Stabia - Italy, will be reimbursed on actual expenses of the participants and also according to distance calculator of Erasmus+ program.

The planned travel reimbursement maximum limits are based on calculated distance of official registration address of the sending organizations from the partner countries to the project venue Castellammare di Stabia, Italy based on the Erasmus + program distance calculator http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm (please note that the distance is calculated one-way, but the reimbursement amounts are for return travel).

We kindly ask all participants to take the most environmentally friendly and cost effective alternative available.

Travel Reimbursement Rules

- 1) Reimbursement of travel costs will only be done upon presentation of all (including return tickets) original tickets, receipts/invoices and boarding passes. Please remember to bring the original invoice. There will be no reimbursement without the original invoices and tickets with indicated Names of travelers, description of the journey, indication of cost and currency and date of travel.
- 2) Reimbursement will be done in EURO based on the actual price of the tickets indicated on the ticket or/and receipt/invoice. For tickets purchased in other currencies than Euro will be used the official European Commission exchange rate converter, available at: https://ec.europa.eu/info/funding-tenders/how-eu-funding-works/information-contractors-and-beneficiaries/exchange-rate-infoeuro_en
- 3) Please send copies (scans) of all tickets and invoices and email them to **youth.4.tolerance.italy@gmail.com** before attending the event. This will be very helpful for the organizers to begin processing the financial and reimbursement data so that all payments may be made as efficiently as possible.
- 4) We **STRONGLY** advise you that we're not able to reimburse private transport (for example taxi etc.).
- 5) Please, try to buy all the tickets you can online and send us by email, so we will be faster to calculate total amount for each participant and reimburse everybody on the spot.

6) Please note that additional services on your bookings won't be reimbursed (extra leg room in the plane, checked luggage or additional luggage etc).

| COUNTRY | CITY OF REGISTRATION | Maximum reimbursement per participant in EURO |
|----------|-----------------------|---|
| ITALY | Santa Maria la Carità | 0 |
| BULGARIA | Razlog | 275 |
| ROMANIA | Galati | 275 |
| SPAIN | Málaga | 275 |
| LATVIA | Riga | 275 |
| GREECE | Thessaloniki | 275 |
| POLAND | Częstochowa | 275 |
| SWEDEN | Örebro | 275 |



CONTRIBUTION FEE

Participation fee of 30 euro will be collected from each participant. This way we will ensure the participants have a stake in the project: a modest contribution from participants to the overall costs of a project helps to create a sense of investment and ownership as well as participants tend to value what they receive more when they have contributed to it.

APPLICATION FORM



We kindly ask all partner organizations to choose their participants and submit the application not later than 10th of July 2022.



CONTACTS

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