

# Overcoming NEETs

2021-2-BE05-KA153-YOU-000039256



Co-funded by the  
Erasmus+ Programme  
of the European Union

ERASMUS+ TRAINING COURSE IN SAULKRASTI, LATVIA



# Brief Description of the Project

There is a global trend for youths to move from villages to big cities in the hope of a better life and prosperity, but this trend also places great stress on people, as it is difficult for many people to get along in general. and find complexes Find cities and find a decent, well-paying job that allows them to find decent housing, pay their bills and earn a living.

People often forget the importance of having a good meal and being more in nature, which cannot happen in cities, but in the countryside. At the same time, the air we breathe becomes more polluted and the food we eat is less healthy.

The problem of employing disadvantaged youth is a very hot issue these days. Young people are at risk of becoming "educated unemployed" and joining the so-called NEETs (not in employment, education or training). They can be further marginalized if they are isolated from the mainstream due to their geographic location, gender, ethnicity, social status, or disability.



# Objectives

The main objective of the "Overcoming NEETs" project is to equip young workers with the necessary educational skills and tools to be able to offer voluntary activities that help NEETs to take the first step, either for green employment or for training/education. In this sense, the specific objectives of the project for youth workers are:

- Provide useful non-formal educational tools for young workers that are essential to analyze the reality of young NEETs, while empowering the young NEETs in their communities to let them realize their potential in opportunities.
- Understand the impact of youth in a NEET situation and explore local realities.
- Know the interventions and forms of support for those who leave school prematurely and thus prevent future situations of NEETs.
- Provide young workers with the necessary knowledge to facilitate the transition from school to work and thus promote the ecological employability of young NEETs.
- Understand how Erasmus+ and other EU programs can be used to engage young people in NEET situations.
- Prepare youth workers to apply what they have learned in their youth work practice.



**AT THE END OF THE PROJECT  
EACH PARTICIPANT WILL RECEIVE  
A YOUTHPASS CERTIFICATE.  
THROUGHOUT THE PROJECT,  
PARTICIPANTS WILL BE GIVEN THE  
OPPORTUNITY TO REVIEW AND  
IMPROVE THEIR SKILLS IN THE  
FOLLOWING 8 KEY COMPETENCIES  
AS DEFINED BY YOUTHPASS:**

- 1. MULTILINGUAL COMPETENCE**
- 2. PERSONAL, SOCIAL AND LEARNING TO LEARN COMPETENCE**
- 3. CITIZENSHIP COMPETENCE**
- 4. ENTREPRENEURSHIP COMPETENCE**
- 5. CULTURAL AWARENESS AND EXPRESSION COMPETENCE**
- 6. DIGITAL COMPETENCE**
- 7. MATHEMATICAL COMPETENCE AND COMPETENCE IN  
SCIENCE, TECHNOLOGY AND ENGINEERING**
- 8. LITERACY COMPETENCE**





# Profile of participants

The project directly targets youth workers from youth NGOs, so they will mainly benefit from the educational content to improve their knowledge and skills that will promote the empowerment of NEETs and seek solutions to different NEET situations. Youth workers will benefit in terms of motivation, commitment, tools and methods. They will be more satisfied with their work and provide better quality youth work. Their skill level will improve and these skills will be transferable to other youth workers in other organisations. This will lead to a stronger impact of the awareness raising activities, an improvement of the learning effect, extended learning opportunities in the field of NEETs and finally more sustainable results and impact of the activities.

Age limit: 18+



# CONSORTIUM

- Circle of Sustainable Europe (Belgium)
- Latvijas jauniešu attīstības centrs (Latvia)
- Centrinės Europos tribuna (Lithuania)
- Sdruzhenie Alternativi International (Bulgaria)
- EUROPEYOU (Spain)
- ASOCIATIA GEYC (Romania)
- Warszawska Izba Gospodarcza (Poland)



# Dates and venue

Arrival day: 29 November 2022

Departure day: 07 December 2022

Venue: Hotel "Minhauzena Unda",

City: Saulkrasti, Latvia

Please note that organisers are not responsible for participants' accommodation, food and transport for extra days both before and after the project dates.



# Accommodation

Venue: 3\* Hotel "Minhauzena Unda".

Participants will share gender-separate rooms.

Each room of the venue has separate beds, provides bathroom (toilet, shower cabin). Participants will be provided with 3-times meals and a coffee break per day. A special menu will be prepared for vegetarians, vegans, etc.

The venue provides bedsheets and towels. No need to take yours.

**Please be aware** that due to the high amount of people, local WIFI signal can be unstable. For personal use please take mobile internet as a backup, if needed. We do not guarantee the local wifi connection.

For more details, please visit its webpage or check it on Booking.com.







## INTERCULTURAL EVENINGS

We will have intercultural evenings where you will be able to present your country.

Each country will have up to 20 minutes for presentation, divided into 2 parts:

- The first part will involve quizzes, Kahoot, dancing, songs, videos, or anything else - at your discretion!
- The second part will involve a table with food and drinks. Bring something that represents your country, which we would love!

And, of course, your table will look brilliant with your national flag - bring it if possible!



# How to get to the venue with public transport

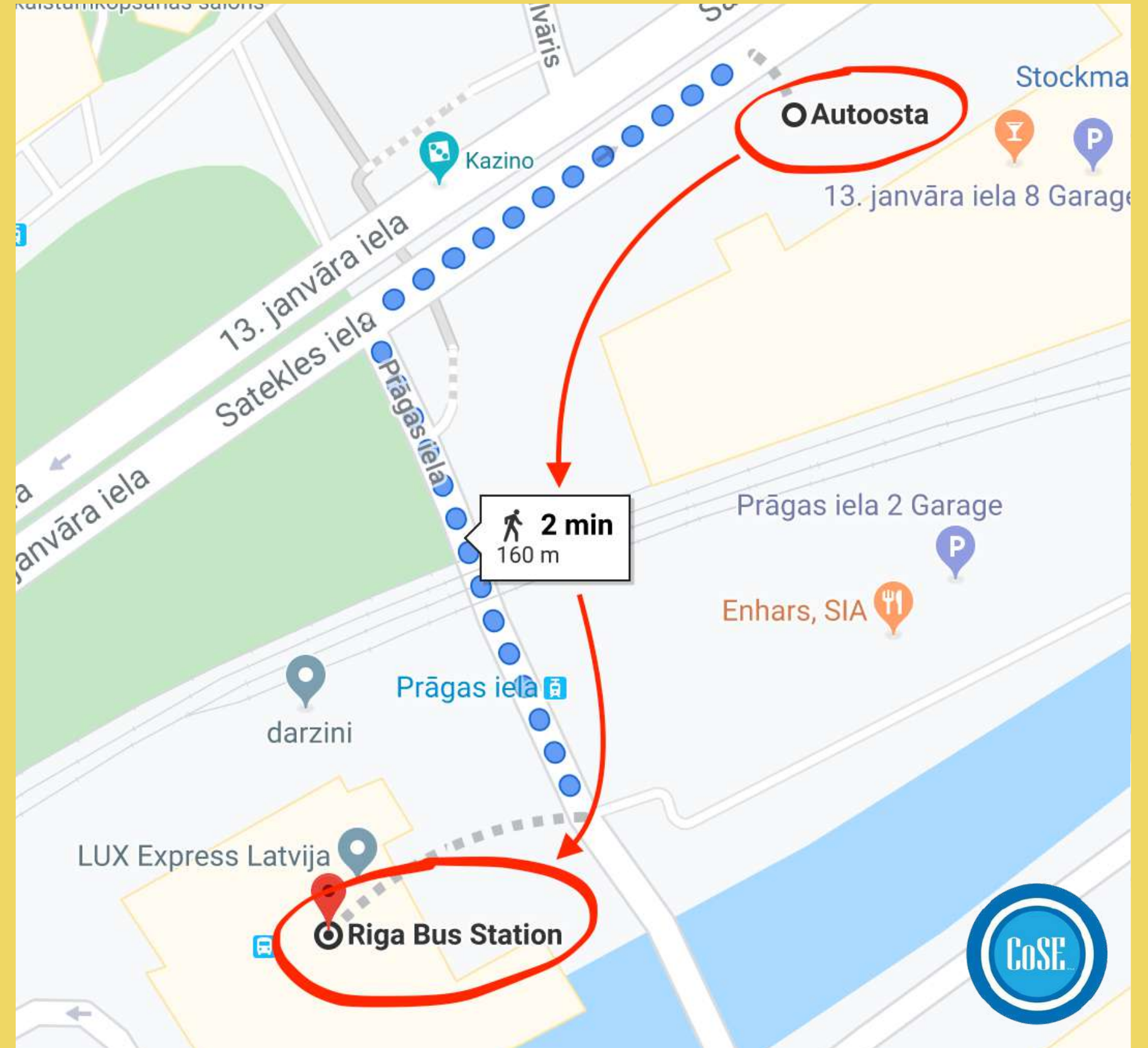
From Riga Airport to the Riga City Center you have to take a bus or minibus 22 and get out at the stop "Autoosta". Ticket price: 2 EUR

From the stop "Autoosta" you have to walk about 2 minutes (160 m.) to the Riga Bus Station.

At the Bus Station you buy a ticket to **KOKLITES (SAULKRASTI)**. Buses go every 1 hour. On road time will be about 1 hour as well. Be aware that the last bus is at 20:00. If you won't catch it the only option is taxi. Ticket price: ~3 EUR

**Attention:** You will have to ask bus driver to let you get out from bus at station **KOKLITES (SAULKRASTI)**.

Next pages will contain more info about it...





# Bus schedule

This is official schedule for buses going from RIGA to KOKLITES (SAULKRASTI). The last one will be at 20:00.

Please use it as a guide for trip planning.

You can also purchase bus tickets online (we highly recommend):

<https://www.autoosta.lv/time-table/?lang=en>

Start stop:

Rīgas SAO, LV, Rīgas raj. : (pilsēta Rīga)

End stop:

Koklītes, LV, Rīgas raj. : Saulkrastu lauku teritorija

15:00	16:13	<b>Rīga-Saulkrasti-Ainaži</b> ⓘ Ceļā: 01:13, platforma: 11, ietilpība: 49	P O T C P S S	€ 2.85
16:25	17:38	<b>Rīga-Saulkrasti-Ainaži</b> ⓘ Ceļā: 01:13, platforma: 11, ietilpība: 49	P O T C P S S	€ 2.85
17:40	18:53	<b>Rīga-Saulkrasti-Ainaži</b> ⓘ Ceļā: 01:13, platforma: 11, ietilpība: 49	P O T C P S S	€ 2.85
18:20	19:33	<b>Rīga-Saulkrasti-Vārzas</b> ⓘ Ceļā: 01:13, platforma: 9, ietilpība: 45	P O T C P S S	€ 2.65
19:00	20:13	<b>Rīga-Saulkrasti-Limbaži</b> ⓘ Ceļā: 01:13, platforma: 11, ietilpība: 45	P O T C P S S	€ 2.85
20:00	21:10	<b>Rīga-Saulkrasti-Ainaži</b> ⓘ Ceļā: 01:10, platforma: 11, ietilpība: 49	P O T C P S S	€ 2.85
21:55	23:01	<b>Rīga-Saulkrasti-Ainaži</b> ⓘ Ceļā: 01:06, platforma: 12, ietilpība: 49	P O T C P S S	€ 2.85



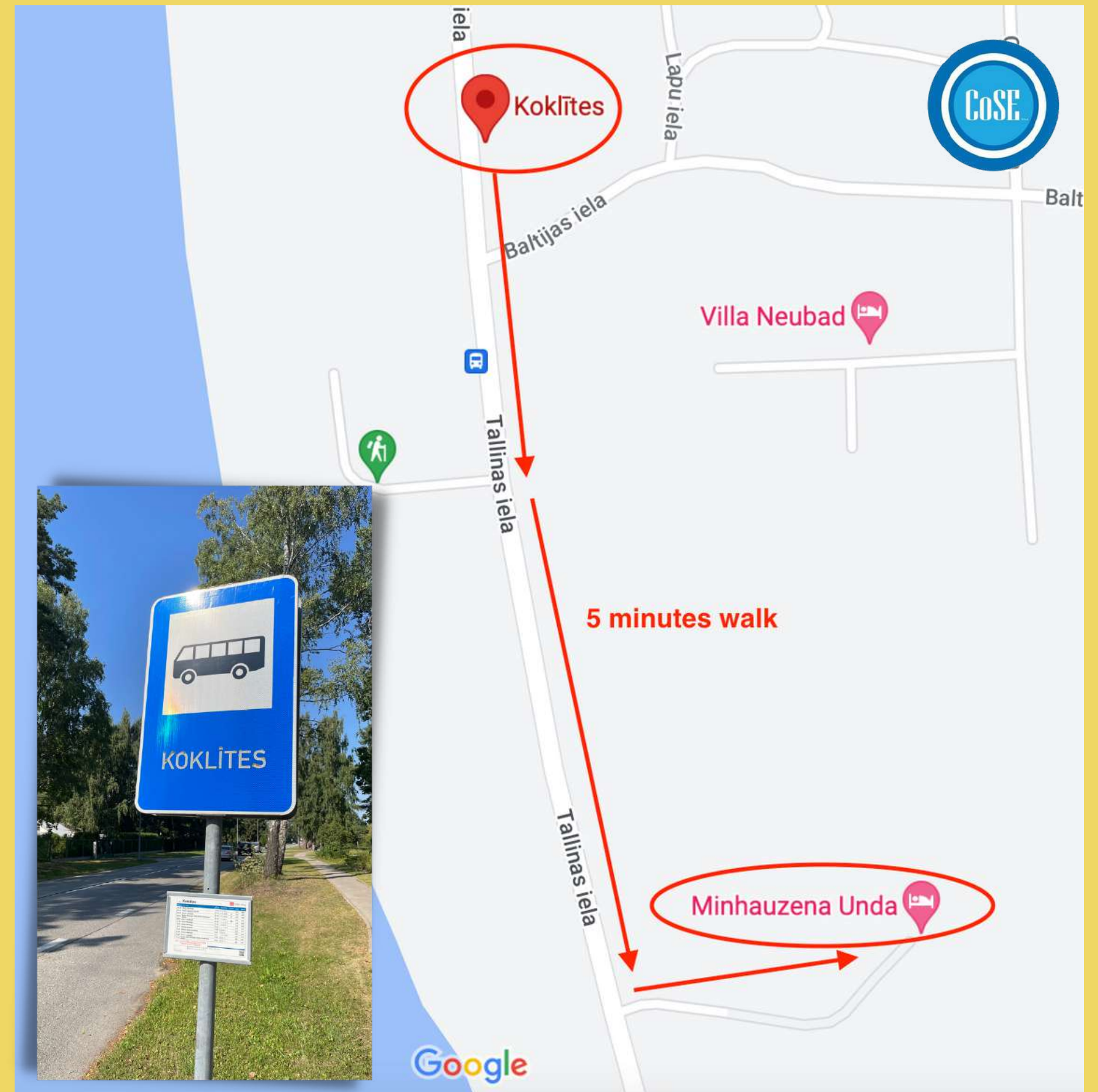
# Bus stop: KOKLĪTES

As our venue is located in pure nature of Latvian forests, fresh air and Baltic Sea.

After your bus will arrive to Saulkrasti, you will have to get out at bus stop **KOKLĪTES**. Not every driver in Latvia knows English, so we highly recommend to print the following text and present it to driver as soon as you get in the bus in Riga (bus will stop only by request):

**Labdien. Es esmu ārzemnieks. Lūdzu apstādiniet autobusu KOKLĪTES (Saulkrasti). ES DZĪVOJU VIESU NAMĀ MINHAUZENA UNDA. Liels Paldies par sapratni!**

And, as the end of the journey, 5 minutes walk will bring you to our venue!





# How to get to the venue by taxi if your flights are late

Since, unfortunately, according to Erasmus+ rules, we cannot reimburse your taxi costs, we highly recommend using this option with a promo code.

If you are traveling with your team, the most comfortable way to get from Riga Airport to the project venue "Minhauzena Unda" is the **GetTransfer.com** app - this taxi app provides cheap services. Here's what the app looks like:



In order to use this app, you need to make an order at least one day prior your trip and type the following promo code: **FR1Q2AB** for 10% discount.

It will be much cheaper and faster than waiting for next morning to catch an early bus.

**You are welcome :)**



# Travel Reimbursement

International travel expenses can be reimbursed **ONLY** upon presentation of **ALL ORIGINAL DOCUMENTS** stating your travel information and costs, namely:

1. Boarding passes (For round trip),
2. Tickets (Also e-tickets),
3. Receipts (In case the tickets are bought by cash),
4. Invoices **and** card payment history (In case the tickets are bought by bank card),
5. Payment checks / Bank statements.

Participants are requested to bring with them all mentioned documents, likewise, any other payment bills, checks, tickets and payment prove that they will get during the travel. Regarding way-back tickets and boarding passes, they should be sent by international post service to "CoSE" in Belgium (example: check-in at airport) or by e-mail (if they were issued through online check-in). **SCANS / PHOTOS / SCREENSHOTS ARE NOT ALLOWED!!!**

**Because of Erasmus+ rules, unfortunately we cannot reimburse Taxi costs.**

Reimbursement for ALL COUNTRIES will be done by BANK TRANSFER after we have all original tickets and relevant documents.



# Travel Reimbursement Limits

per participant

BELGIUM	275
LATVIA	23
LITHUANIA	180
BULGARIA	275
SPAIN	530
ROMANIA	275
POLAND	275

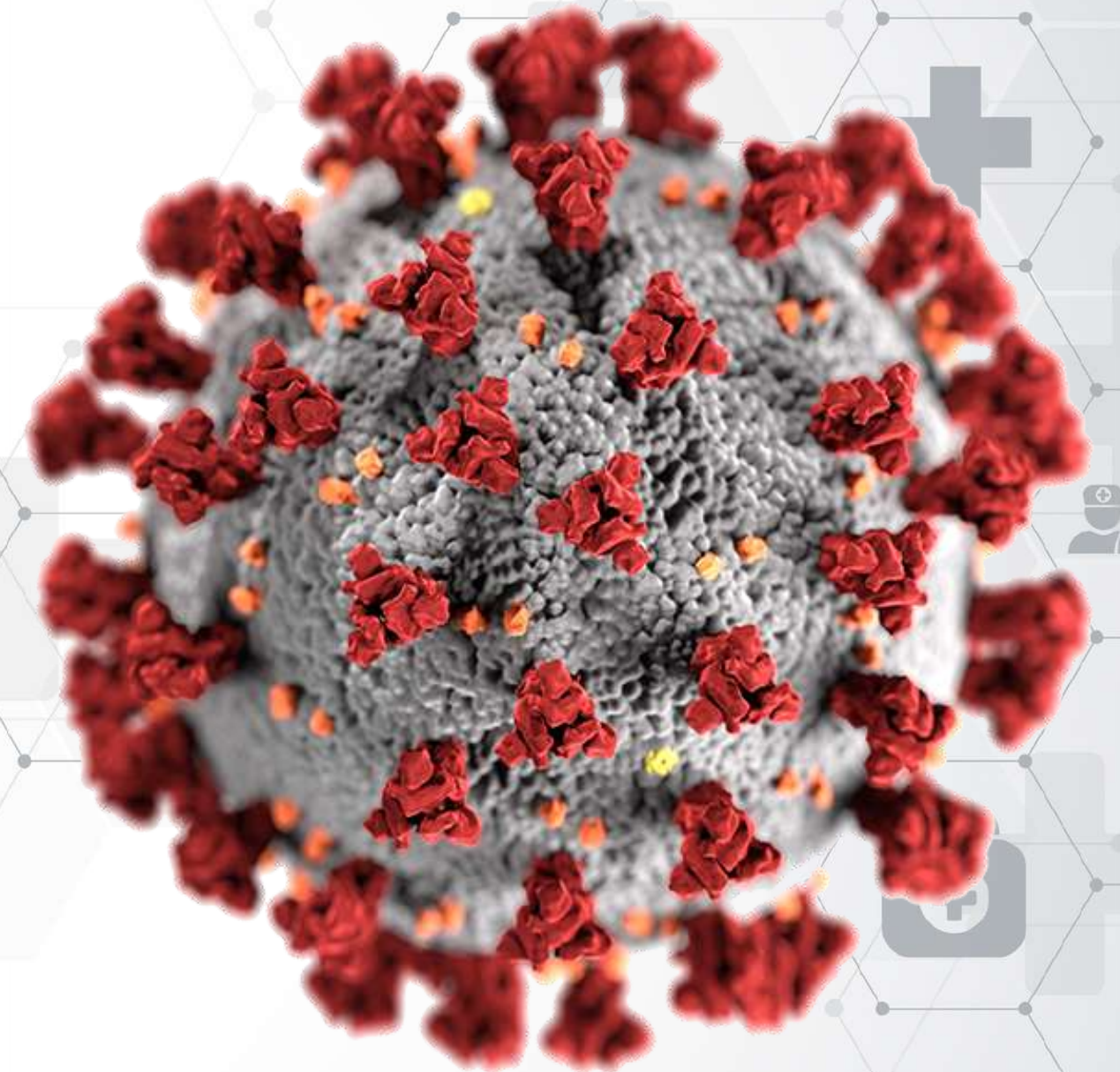


# COVID-19 RULES

PLEASE READ THE FULL INFORMATION ON THE WEBSITE OF THE GOVERNMENT OF LATVIA: [HTTPS://COVID19.GOV.LV/EN](https://COVID19.GOV.LV/EN)

PLEASE NOTICE THAT EACH PARTICIPANT HAS TO ASSUME ITS OWN EXPENSES FOR COVID TESTS.

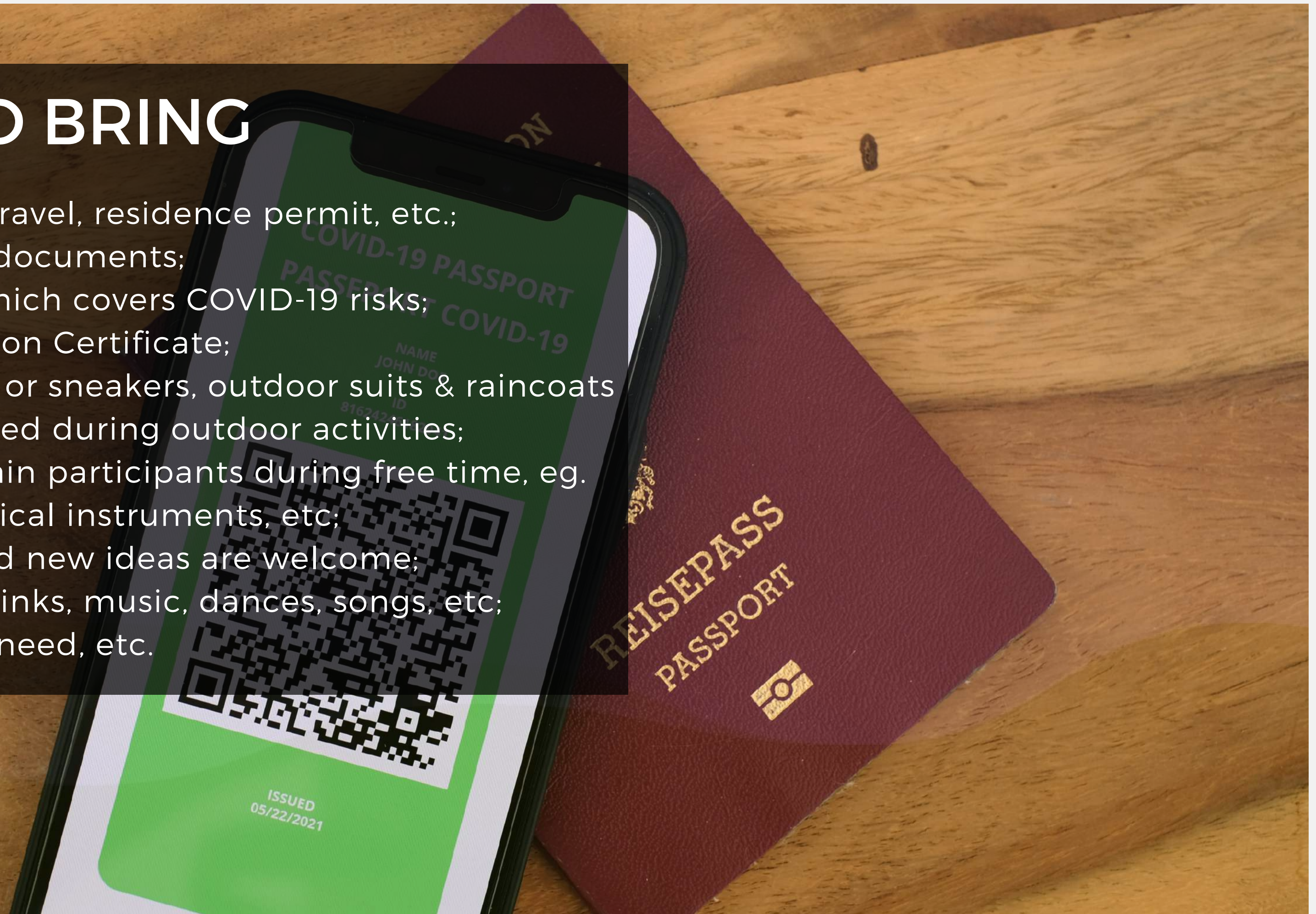
PLEASE REMEMBER ABOUT TRAVEL INSURANCE WHICH COVERS COVID-19 RISKS, ILLNESS, PERSONAL LIABILITY, CANCELLATION, THEFT, ETC. FOR THE WHOLE DURATION OF THE PROJECT VALID IN HOSTING COUNTRY LATVIA. INSURANCE CAN BE COVERED TOGETHER WITH TRAVEL. PLEASE CONTACT US IN ADVANCE FOR CONFIRMATION.





# THINGS TO BRING

- Valid passport for travel, residence permit, etc.;
- All required travel documents;
- Travel insurance which covers COVID-19 risks;
- COVID-19 Vaccination Certificate;
- Comfortable shoes or sneakers, outdoor suits & raincoats which can be needed during outdoor activities;
- What could entertain participants during free time, eg. games, music, musical instruments, etc;
- Group activities and new ideas are welcome;
- Traditional food, drinks, music, dances, songs, etc;
- Medicine you may need, etc.





Co-funded by the  
Erasmus+ Programme  
of the European Union



# Contact us

**Aleksandr Stommels**, project coordinator

E-mail: [aliksandro@hotmail.com](mailto:aliksandro@hotmail.com)

