



# InfoPack

# KA1 – Youth Exchange, 31.05.2023 - 09.06.2023 (including travel days)

## Brebu, Caras-Severin County, Romania

# **Green Expectations**

# PLEASE READ ALL INFORMATION CAREFULLY BEFORE APPLYING FOR THIS YOUTH EXCHANGE!

### **PROJECT DESCRIPTION:**

Our project is entitled `Green Expectations` - a parallel with Charles Dickens' novel, where the moral is that affection, loyalty, and conscience are more important than social advancement, wealth, and class." Within Green Expectations we adapt everything to our reality and teach young people that caring for nature, recycling and sustainability are imperative for the general good of the planet, to the detriment of mass consumption, plastic production, energy (CO2 emissions) which must be counteracted and reduced. The main problems discovered on this topic were: the need for education on the ecological spirit, the need to raise awareness about the issue of recycling and the need to create creative ways to promote and transmit basic knowledge for young people on this theme, a way to attract young people interested in this topic.

We designed the project program to focus each day on one of our goals, achieved through the daily activities described in the program, and achieving these goals allows us to take a step forward the next day.

We will have 8 participants from each country + 2 group leaders. This exchange of young people will be available to all (from our partner countries, aged between 18 and 29) who are interested in the subject of our project and want to learn, share, contribute, be inspired and, most importantly, to have the desire to share the results of the project in the local communities.

We would like to build a group with a wide range of participants, coming from different cultural backgrounds, with different ages and interests, as well as different levels of experience on this topic.

The objectives of the project are:

1. Increasing the knowledge about ecology and environmental protection among the 24 participants, during the 8 days of activities;

2. Developing the spirit of initiative, civic participation and active involvement among the 24 participants, during the exchange;

3. Increasing creativity and artistic skills by finding sustainable alternatives to environmental issues, among the 24 participants, during the exchange;

4. Increasing the level of knowledge about recycling and sustainability among the 24 participants, during the exchange period.;





#### **PARTICIPANTS**

From each partner there will be 2 group leaders (youth workers experienced in non-formal education, aged 18+) and 8 participants (18-29 years old). A total of 10 people/country. It's preferable that the participants are coming from disadvantaged areas and be interested in the subject of youth exchange.

#### **PARTICIPATING ORGANISATIONS**

- Romania: Prin Banat Association
- Hungary: Tudatos Tervezésért Egyesület
- Spain: **2Europia**

## **ACCOMMODATION**

For this project, the participants will be accommodated in La Padure Hotel, in Brebu village near Resita, in 3-4 bed rooms, mixed international, but not gender. Each room has its own bathroom.

The hotel has an internet connection, video projector, indoor conference room, its own dining room and a large green yard to enjoy the free time. It is located near the main road but surrounded by forest. It is a very pleasant rustic place. You



**should bring your own hygienic products, flip flops, house shoes, including towels.** Bed sheets are provided by the hotel. Some photos of the accommodation bellow:













#### **FINANCIAL CONDITIONS**

- Accommodation, food and materials during activity days are fully covered by the project.
- Travel costs for the youth mobility will be reimbursed when invoices, e-tickets, boarding passes and other tickets are delivered to the host NGO (Prin Banat Association) according to Erasmus+ rules. We have a specific reimbursement document.



• Please have in mind that from the total amount of grant/participant we will cover the transfers from Timisoara, Belgrade, Budapest or other places. Please discuss with the organizers and the sending organization before buying the tickets.





#### **Travel Budget:**

Hungary	210 EUR (by bus/train)
Spain	360 EUR
Romania	23 EUR

In the table above, you can find the total amount of travel budget that you can spend, according to the country that you live in. Everything above the budget will be supported by the participant.

#### How to get there? ....

#### If you travel by plane

- The nearest airport is **Timisoara**, from where we will pick you up and bring you to the venue (around 110 Km);
- Another option is **Belgrade** we can also arrange pickups but it will be a specific hour for picking up all groups, depending on the arrival of the last group. This will ensure a cheaper transfer which will be taken directly from the reimbursement budget, you will not have to pay it yourself.
- We can assist you in coming even from **Budapest** (from where a 2 way transfer is around 70 Euro) by contracting the transfer companies from Timisoara, which will pick you up from the airport or train station. You can also take a train from there to Timisoara, which is a bit cheaper. From Timisoara we will arrange pick-ups.

# A

#### If you travel by train

If you travel by train the final stop should be **Timisoara Nord** or **Resita Nord**, from where we will pick you up! Timisoara has direct trains from most of the European cities. (Link to check out the connections: <u>https://www.bahn.de/p/view/index.shtml</u>)



# Regardless of the way you choose to travel, first inform your sending NGO which will inform us about your plans and wait for confirmation!

#### Other information...

**The currency** - In Romania the currency is **RON**, we do not use Euro. The exchange rate can change but usually is like this 1 **Euro** = **4.90** Lei. Do not exchange for less than 4.7 Lei. We will assist you in exchanging the Euro. Anyway, almost everywhere you can pay by credit card. Life in Romania is usually cheaper than other West European Countries. There is no supermarket in the village but small family shops. When in Resita or Timişoara, you will be able to go to Carrefour, Kaufland, Lidl Supermarkets and souvenir shops, if you desire.



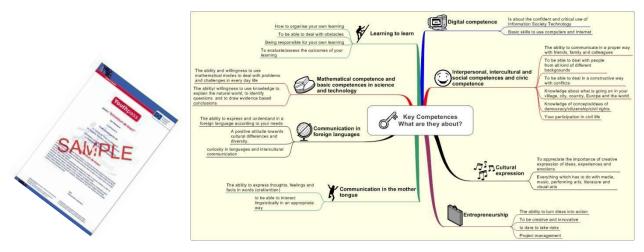


**Health insurance -** all partners have the responsibility in assisting the participants for obtaining the EHIC (European Health Insurance Card) which is free, or the participants will take care of this aspect by themselves. In Romania the Emergency services in Hospitals are free but let's hope it doesn't come to this <sup>(2)</sup>

**Clothing and weather -** as the weather can change from one day to another, we suggest you to have comfortable clothes and shoes for both situations, and be prepared in case of rain (which is most likely). In general, the weather in June is pleasant but who knows nowadays..! We suggest you bring along **mosquito protection and sun lotion** to ensure your comfort while staying in Romania.

! If you have an allergy to dust, pollen and other plants, please take the appropriate medicine with you!

#### About the Youthpass certificate...



All participants in the youth exchange will receive a Youthpass certificate which proves their participation in the exchange. Youthpass is a tool to document and recognize learning outcomes from youth work activities. While creating their Youthpass certificate together with a support person, project participants are given the possibility to describe what they have done in their project and which competences they have acquired. Thus, Youthpass supports reflection upon the personal non-formal learning process and outcomes.

- As a Europe-wide recognition instrument for non-formal learning in the youth field, Youthpass strengthens the social recognition of youth work.
- Youthpass supports active European citizenship of young people and of youth workers by describing the added value of their project.
- Youthpass also aims at supporting the employability of young people and of youth workers by raising their awareness of and helping to describe their competences, and by documenting their acquisition of key competences on a certificate.

Your sending NGO should provide all relevant information about the Youthpass certificate and you can also check it yourself on the official website <a href="https://www.youthpass.eu/en/">https://www.youthpass.eu/en/</a>,

What is expected from you?

1. To understand the topic of the project, to participate in all the sessions, to be active and to respect the others, to be on time and respect the conduct rules, rules of the camp and adopt a non-discriminatory behavior! The rules of the **La Padure Hotel** and rules of conduct will be discussed once more when arriving in the project.





- 2. Due to the sensitive topic of our youth exchange nowadays, if you will show any discriminatory behavior you can and will be sent home on your own expenses! These rules apply for all participants, refugees, migrants or locals.
- 3. While in Romania you need to respect the legislation regarding your behavior and legal actions, which will be more explained during preparation and also when coming in the project itself.
- 4. Work with your group to prepare the activities you have to coordinate in the program.

#### Contact

If you have any questions, we are more than happy to provide you with the information you need so please contact us via e-mail <u>theodor.muntean@prinbanat.ro</u> or by Whatsapp +40 754 911 265.

Contact person for this project is Theodor Muntean.

How to participate in this project? Contact the sending NGO in your country, fill in the application form (they will provide you with the document), sign the participants declaration and start the preparation phase, together with the selected group leader for your country.

