



INFOPACK

Sustainable fashion how to fashion industry can change enviroment?

YOUTH EXCHANGE



Co-funded by
the European Union



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OVERVIEW

Join us for an exciting and free international youth exchange on sustainable fashion, fully funded by the Erasmus+ Accreditation of the European Union. Discover the impact of fast fashion, participate in hands-on workshops about sustainable materials and eco-friendly design techniques, and engage in interesting discussions and brainstorming sessions. Take part in collaborative design challenges that encourage innovation and practical application of sustainable fashion practices. Improve your English skills through interactive workshops, meet new friends from different countries, and share your experiences. This is a unique opportunity to learn, create, and make a difference in the fashion industry. Sign up now and join us on this journey towards a more sustainable future in fashion!

OBJECTIVES

Educate participants on the environmental and social impacts of fast fashion, including resource depletion, pollution, and labor issues.

Introduce and explore sustainable alternatives to fast fashion practices. Teach participants about eco-friendly materials, slow fashion principles, and strategies for reducing waste.

Empower participants to become advocates for change by understanding the power of consumer choices.

SCHEDULE

ARRIVAL DAY: 01-07-2024

DATES OF THE YOUTH EXCHANGE:

01.07.2024 -16.07.2024

DEPARTURE DAY: 16-07-2024

TRAVEL BUDGET

(distances in the straight line)

Travel distances ⁵⁰	In case of standard travel
Between 10 and 99 KM:	23 EUR per participant
Between 100 and 499 KM:	180 EUR per participant
Between 500 and 1999 KM:	275 EUR per participant
Between 2000 and 2999 KM:	360 EUR per participant
Between 3000 and 3999 KM:	530 EUR per participant
Between 4000 and 7999 KM:	820 EUR per participant
8000 KM or more:	1500 EUR per participant



WHAT TO BRING?

- **Passport or ID card**
- All travel **TICKETS!**
- **European health insurance cards are obligatory for all participants**
- Towels and personal hygienic things (shampoo, soap, toothbrush etc.)
- Hair dryer - the venue does not provide such
- Your positive attitude and willingness to participate in activities




OTHER PRACTICALITIES

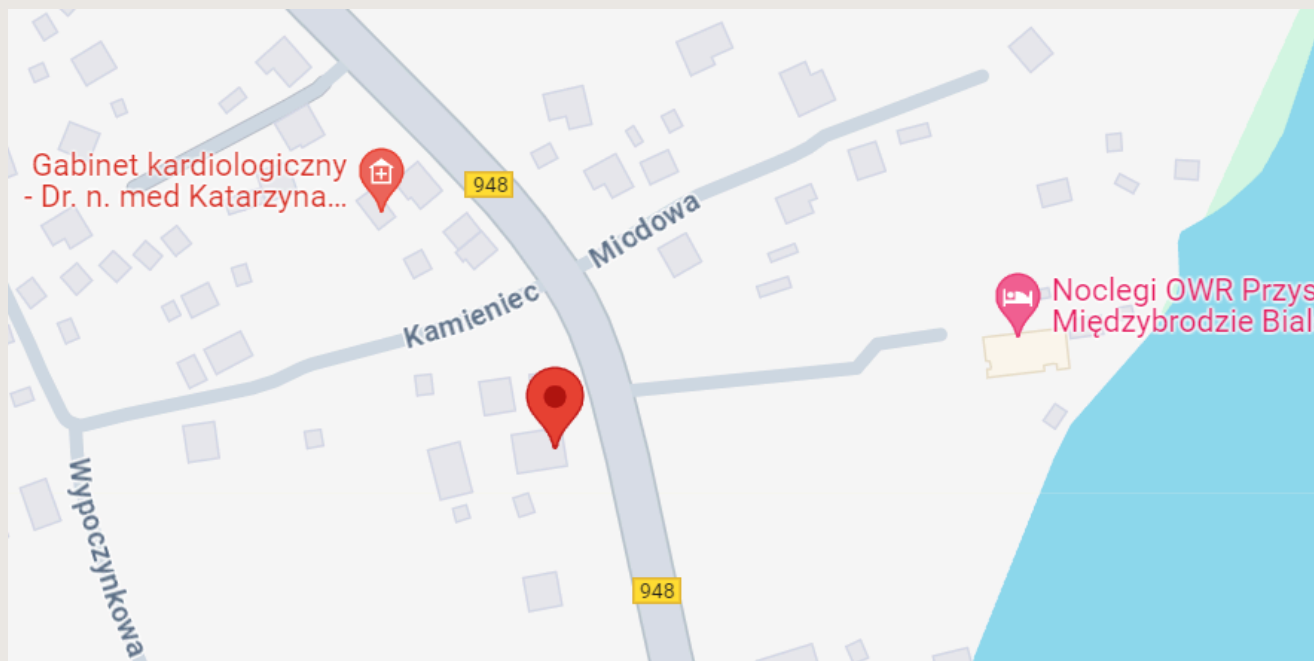
This project is fully funded by Erasmus+.

- During the training course we will organize a cultural evening. Bring with you traditional snacks and drinks, some games for the evening. Bring necessary ingredients with you, the venue cannot provide it.
- In the centre there is Wi-Fi Internet connection so you can bring your computer.
- During the project you will be provided with 3 meals (breakfast, lunch, and dinner), also 2 coffee breaks a day.

TRAVEL EXPENSES

1. Travel expenses will only be reimbursed upon presentation of documents proving the amount actually paid: original invoice. Documents must include the date, price, traveler's name, destinations, and the receipt must be completely clear.
 2. Keep all travel documents that you will receive during your trip: boarding passes, receipts, tickets, etc. as we absolutely need them!
 3. Taxi rides are **not refundable**.
 4. **Travel expenses can be reimbursement during the exchange or after.**
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HOW TO GET HERE?



Ośrodek Społeczny, ul. Żywiecka 67, Międzybrodzie Bialskie,
Silesian Voivodeship, Poland, 34-312

IF YOU ARE LANDING IN KATOWICE

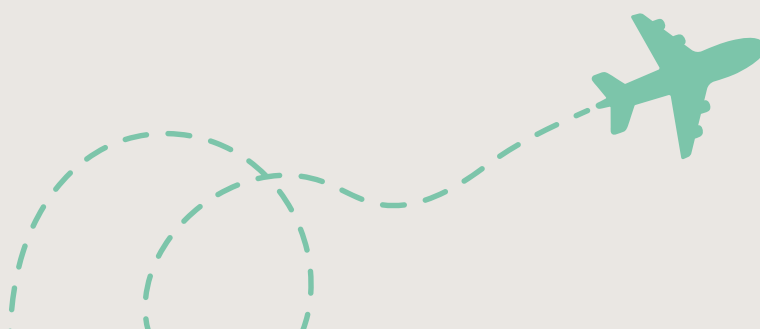
Katowice Airport → AP bus → **Katowice Dworzec** (railway station)

Katowice Dworzec → train → **Bielsko-Biała Główna** (railway station)

Bielsko-Biała D.a bus station → 113 or 114 bus →

Międzybrodzie Skrzyżowanie (20 stops)

Międzybrodzie Skrzyżowanie - few minutes on foot → **YOU ARE THERE!**



IF YOU ARE LANDING IN KRAKOW

Kraków Airport (Kraków Lotnisko) → SKA1 train (6 stops, every half an hour, after 6 pm every hour) → **Kraków Główny** (Main railway station)

Kraków Główny → train → **Bielsko Biała Główna** (railway station) (Direct trains: 06:06, 10:41, 13:50, 14:41, 16:35, 18:43)

Bielsko-Biała D.a bus station → 113 or 114 bus → **Międzybrodzie Skrzyżowanie** (20 stops)

Międzybrodzie Skrzyżowanie - few minutes on foot → **YOU ARE THERE!**

OR LONGER OPTION

Kraków Airport (Kraków Lotnisko) → SKA1 train (6 stops, every half an hour, after 6 pm every hour) → **Kraków Główny** (Main railway station)

Kraków Główny → train → **Katowice Dworzec** (railway station)

Katowice Dworzec → train → **Bielsko Biała Główna**

Bielsko-Biała D.a bus station → 113 or 114 bus → **Międzybrodzie**

Skrzyżowanie (20 stops)

Międzybrodzie Skrzyżowanie → few minutes on foot → **YOU ARE THERE!**

USEFUL LINKS

INTERCITY

KOLEJE ŚLĄSKIE

ECOLINES

FLIXBUS

LUXEXPRESS

ACCOMMODATION



The accommodation provided is at the **Spółecznik Center** located in the picturesque **Żywiec County**, in the midst of the **Silesian Beskid Mountains** and in the vicinity of the **Żywiec Lake**.

All costs related to accommodation and meals are covered by the organizer. Reimbursement of travel expenses will be made by bank transfer, using the prevailing exchange rate and issued in euros (€). In addition, no fees will be charged for participation in the conference.



HOW TO APPLY?

Fill out the form available on our website, and we will get in touch with you shortly: <https://www.klaster.org.pl/>

CONTACT

If you have any questions, don't hesitate to ask!

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